

## **Eastern Shore Crab Cakes**

**By: Harriet R. Matthews (Downs)  
And Husband, Terry**

1 lb crab meat

1 egg

Old Bay Seasoning (to taste)

1½ cup mayonnaise

Crushed Saltines (crush in your hands)

Mix the ingredients. The trick is not to mash the crab meat but toss the cakes from hand to hand. Broil or fry as preferred.